THE 100 YEAR ANNIVERSARY OF THE WW1 ARMISTICE



This November, find 11 ways in 11 days to serve others, lest we forget the values our ancestors gave their lives to protect. Here are some ideas...

peace

like the WOMEN OF ENGLAND Christmas 1915

charity

like SGT. JACK DORGAN

7th Battalion, Northumberland Fusiliers



The women of England wrote to mothers in Germany about the virtues of peace instead of war.

How can you make peace? Here are some ideas:

Stop finding fault with a friend or family member. Resolve a disagreement.

Post something positive on social media today.

1 Corinthians 13:13

Jack showed charity for his dying friend, Bob.

How will you show charity today?

Here are some ideas: Use your time to serve someone in need. Offer a bed, meal or hygiene kit to a 'rough sleeper'. Hear their story. Heal their heart.

love

like SGT. STEFAN WESTMANN 29th Division German Army

give

comfort

like MRS MARY HALL

Matthew 5:44

Stefan wished enemies could become friends. How can you follow his example of love? Here are some ideas:

When someone offends you, forgive them quickly. Get to know someone you'd usually ignore or try to avoid.

Luke 4:18

Mrs Hall and other women comforted co-workers in their grief. How can you give comfort to

Visit, cook for, or read to someone who is ill. Cheer up a friend who is brokenhearted.

others?Here are some ideas:

like WILLIAM HACKET

254th Tunneling Company The Royal Engineers

Matthew 16:25

William gave his life to serve others.

You can too: Donate blood, learn CPR, or sign-on as an organ donor. Read, teach or serve at a local school, hospital, charity or foodbank. Volunteer at a crisis hotline.

serve

share

like SGT. RICHARD TOBIN

Hood Battalion, Royal Naval Division

Luke 3:11

Richard used his meager rations to feed a refugee baby. How can you share with another today?

Here are some ideas: Donate items or time to a homeless shelter or women's refuge. Nourish someone with food or encouragement.



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pray

like SGT. BILL DANIELS

Royal Artillery

hope

like MISS MAY SINCLAIR

Matthew 25:35

James 1: 5-6

May volunteered at a shelter to give people hope. You can too. **Here are some ideas:** Cheer up someone who needs a good laugh. Volunteer at a refugee shelter or soup kitchen. Be someone's secret admirer, or write a note of appreciation to the elderly.

Sergeant Daniels prayed in the trenches despite being teased. How can you follow his example?

head. Pray with the faith of a child.

Here are some ideas: Stand up for your own beliefs, or

for another person's rights. Find a quiet place. Bow your

faith

like PVT. NORMAN DEMUTH

15th Battalion, London Regiment

Hebrews 11:6

Norman had faith, even in his darkest hours. **How can you?** Make a list of all the blessings in your life. Write down what lessons you are learning from your trials & challenges. Give thanks for all the experiences that have made your life unique.

be kind

like SEAMAN JACK GEARING

Ephesians 4:32

Jack Gearing took care of frightened soldiers with kindness and love. How can you be kind today? Try these ideas: Smile at a stranger. Sing, play or read to the children in your home. Say only positive things to the people you meet, for the whole day.

Benbow Battalion, Royal Naval Division



remember them

Galatians 5:1

- This Remembrance Day, ponder the freedom, liberty and blessings you enjoy today because others paid a price to protect them.
- Research your family tree and find an ancestor who lived through (or died in) The Great War.
- Print their photo, draw their picture or pin their name to a wreath of poppies.
- Take this to your town's Remembrance Day ceremony on Sunday morning, and honour their memory.
- Read the words of "I Vow to Thee, My Country", and ponder how it can apply to your life.

